

The New Rehabilitation Center

One-on-One Licensed Therapy

ADULT GYM & TREATMENT ROOMS

- For client comfort the gym and private treatment rooms include adjustable lighting and sound system.
- Track is designed for gait and balance training, agility and conditioning exercises.
- Vast windows facing the Bitterroot Mountain Range with transparent window shades provide optimal lighting.

STATE-OF-THE-ART REHABILITATION EQUIPMENT

- Comprehensive and versatile rehab equipment is designed to meet the needs of each individuals function or abilities.
 - ~ **Espresso Fitness** upright and recumbent bicycles with engaging and interactive user console allow the user to navigate through virtual tours.
 - ~ **Lite Gait**[®] suspension system creates an ideal environment for treating clients with a wide range of functional levels by allowing for unweighting or partial weight bearing during walking, and dynamic posture and balance activities over a treadmill or the ground.
 - ~ **“Wii-habilitation”** uses virtual technology and fun to improve strength, coordination, balance and cognitive abilities.
 - ~ **Power Plate**[®] is an innovative new machine that uses vibration and oscillations forcing the body to perform muscle contractions multiple times per second resulting in an improvement in strength and power.