

The New Rehabilitation Center

One-on-One Licensed Therapy

HAND & UPPER EXTREMITY REHABILITATION

- Upper extremity rehabilitation includes therapeutic intervention to the shoulder, elbow, wrist or hand and may involve one or more of these body parts simultaneously.
- **Typical conditions treated:**
 - ~ Lacerations
 - ~ Crush injuries
 - ~ Fractures
 - ~ Burns
 - ~ Tendonitis
 - ~ Rheumatoid & degenerative arthritis
 - ~ Surgical repairs
 - ~ Total shoulder and joint replacement
 - ~ Rotator cuff injuries and repairs
 - ~ Lymphedema
- **Therapeutic interventions:**
 - ~ Protective & dynamic splinting
 - ~ Wound care
 - ~ Modalities
 - ▲ Ultrasound
 - ▲ Fluidotherapy
 - ▲ Electrical stimulation
 - ▲ Iontophoresis
 - ▲ Paraffin bath
 - ~ Therapeutic exercise
 - ▲ Aquatics
- **Return to work, home and fun:**
 - ~ Ergonomic assessments,
 - ~ Adaptive techniques & tools